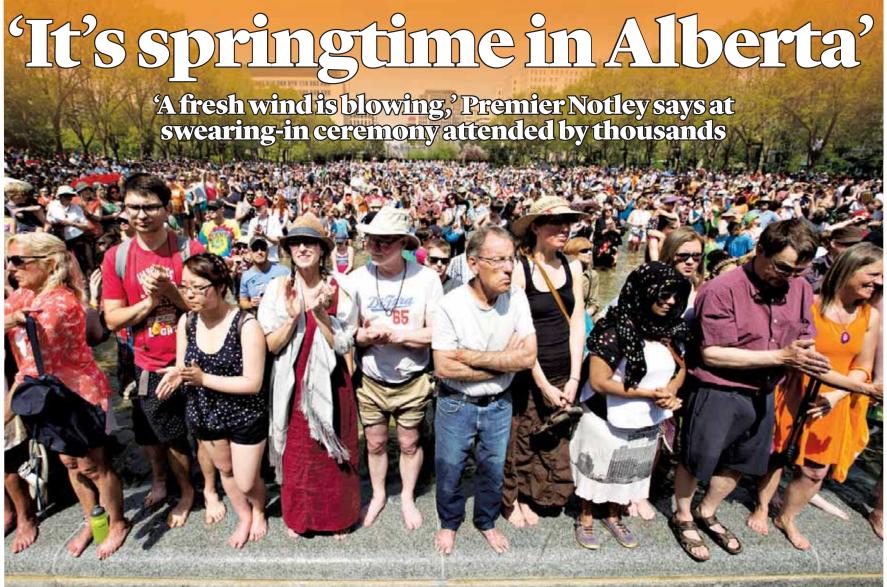


Your essential daily news | monday, may 25, 2015

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Your essential daily news

A Beautiful Mind mathematician dies in car crash. **World**

Rachel **Notley** (Edmonton Strathcona)

Premier, minister of intergovernmental affairs

Notley, 51, has been house leader and won the party leadership last October.

Brian Mason (Edmonton **Beverly-**Clareview

House Leader. minister of infrastructure, transportation

Mason, 61, led Alberta's NDP from 2004 to 2014.

David Eggen (Edmonton Calder)

Minister of education, culture and tourism

Eggen, 52, served as opposition critic in portfolios such as health and environment.

Deron Bilous (Edmonton **Beverly-**Clareview)

Minister of municipal affairs and Service Alberta

Bilous, 39, has served as opposition critic for education and municipal affairs.

Notley takes control

POLITICS

Alberta's 17th premier swears in lean new cabinet



Ryan **Tumilty** Metro | Edmonton

Thousands descended onto the legislature grounds Sunday, as the province saw its first change in power in decades and Rachel Notley officially became Alberta's 17th premier.

Notley and her 11-member cabinet were sworn in on the legislature's front steps, as the large crowd, thousands-strong, cheered. Notley said she was blown away to see so many Albertans at the ceremony.

"It was a massive honour. It was overwhelming when I looked out and saw how many people were there," she said.

In her first speech as premier, Notley said despite the tough times the province is

Joe Ceci

(Calgary

President

of treasury

board and

minister of finance

for 15 years in Calgary.

Ceci, 57, was a city councillor

Fort)



seeing, she believes Albertans are an optimistic people who voted to see change.

"We believe that tomorrow can be a better day and



McCuaig-Boyd, 62, has been a teacher and administrator for more than two decades.

'It is springtime in Alberta and a fresh wind is blowing.' At just 12 members, Not-

that we must work hard to

make it happen," she said.

Hoffman, 34, was a trustee and chairwoman of the Edmonton Public School Board. would be up to the challenge. "This is a cabinet that is built to work and to get the

ley's cabinet is comparatively small, but she insisted it

job done," she said. Former Edmonton Public School Board chairwoman

Sarah Hoffman, who will serve as Health and Seniors Minister, said she was surprised when asked to serve, but looks forward to the challenge. "I giggled a little bit. I was

pretty thrilled," she said. "I look forward to seeing how I can help Alberta move forward."

Helen Sadowski, who took in the ceremony, said she thought it was great to have government opened up to the people.

"Î hope this becomes a new tradition in Alberta politics, where events like this become a public event," she said.

Sadowski said public events like this help inform people about how their government works.

"It opens up government," she said. "Children and families can learn a lot.'

Minister of human services



Sabir, 37, is a lawyer specializing in aboriginal affairs who has a degree in social work from University of Calgary.

(Lethbridge

Minister of environment

parks and minister responsible for the status of women

Phillips, 39, has been a journalist and economic analyst.

Oneil Carlier (Whitecourt-Ste Anne)

Minister of agriculture and forestry



Carlier has worked as a regional representative with the Public Service Alliance of Canada.

Lori Sigurdson Riverview)

(Edmonton



advanced education, jobs, skills training and labour

Sigurdson, 54, worked at Alberta College of Social Work.



day after taking the oath of office. RYAN TUMILTY/METRO

Marg Mc-Cuaig-Boyd (Dunvegan-

Central Peace-Notley

energy

Sarah Hoffman (Edmonton Glenora)

Minister of health and seniors

Kathleen **Ganley (Cal**gary Buffalo)

Minister of justice, solicitor general and aboriginal affairs

Ganley, 36, is a lawyer specializing in labour and employment issues.

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Lack of maternity benefits may hurt CPS recruitment

LAW ENFORCEMENT

Calgary falling behind other police agencies, union says



Policewomen looking to start a family may want to steer clear of the Calgary Police Service, says the union representing its

As the CPS works to get more women behind the badge, some members of the organization that represents front-line officers say a lack of supplemental maternity benefits could hinder recruitment efforts.

According to the Calgary Police Association (CPA), members have no additional employment benefits, known as a "top-up," in addition to their federal maternity leave. The union expects this will be one of the top issues in arbitration, which starts Monday.

Right now, the agreement between the CPA and the City of Calgary indicates officers are entitled to 15 weeks of maternity leave without pay, and union officials say it's a package far below what's being offered by other Canadian police agencies.

Sueanne Ford, a 25-year member of the CPA and a staff sergeant in the city's police service, said she struggled due to the lack



Jennifer Ward, a 12-year member of the Calgary Police Association, says she feels a lack of maternal benefits being offered to the CPA by the city will hurt the Calgary Police Service's efforts to bring on more female recruits. MORGAN MODJESKI/METRO

of benefits when she had her son seven years ago.

She said future policewomen may experience the same challenges if something doesn't change.

"It's pretty hypocritical," she said of the city's position.

"We're a very forward-thinking city, we're a forward-thinking service, and if we want to attract those women to the police service, they are going to struggle."

Several other police agencies in Canada, including the Edmonton Police Service, provide members with a top-up ranging anywhere from 15 to 17 weeks at up to 95 per cent of their weekly

In Calgary, no such package

Howard Burns, president of the CPA, told Metro the lack of

benefits is problematic as agencies across the country are pushing for more female recruits.

Obviously from a recruiting standpoint, you need to be competitive and right now Calgary isn't competitive," he said.

"As the police association president, if I was advising a potential female recruit, I would advise them to look long and hard at the benefits that are offered. If they're planning on having a family, right now, I would probably steer clear of Calgary.

An acting sergeant and a mother of two, Jennifer Ward has been a CPA member for 12 years and she said the additional benefits are important since maternal benefits provided though the federal government amount to much less than a police salary.

The CPS has made some progress recruiting female officers, as roughly 380 of its frontline officers are women, but the service may have trouble retaining them in the future,

"In three to five years, they're going to be considering having a family," she said. "And knowing that that's all they can make during that time on mat leave, they could potentially lose female members.

She said while the CPS is trying to create an environment of inclusion, specifically toward women and families, the city is definitely not supporting that.'

The City of Calgary declined to comment for this story, citing its ongoing negotiations with the CPA.

Fire keeps officials from plane crash site

Police say wildfire conditions at the scene of the crash of a firefighting plane in northern Alberta are making it difficult for investigators to reach the site.

Mounties say the site is inside the Cold Lake Air Weapons Range, an area used by military pilots for weapons training. RCMP Cpl. Mike Dunsmore

said the military and searchand-rescue personnel escorted police into the crash site late Friday and helped recover the body of the 38-year-old civilian pilot, who was the sole occupant of the aircraft.

But Dunsmore said the fire, which the province reported Saturday has grown to 40 square kilometres since it started a day earlier, is making it challenging for Transportation Safety Board investigators to safely enter the area.

Crews in northern Alberta have been fighting wildfires for more than a week, and warm and dry conditions have increased the fire hazard to high or extreme in some areas.

The pilot who was killed worked for Conair Aerial Firefighting, and he and the plane were contracted by the Alberta government.

"First responders like this pilot, and our many other dedicated wildland firefighters, put their lives on the line every day to ensure that our homes and families are safe," incoming premier Rachel Notley said in a statement that offered her condolences to the pilot's family, friends and colleagues.

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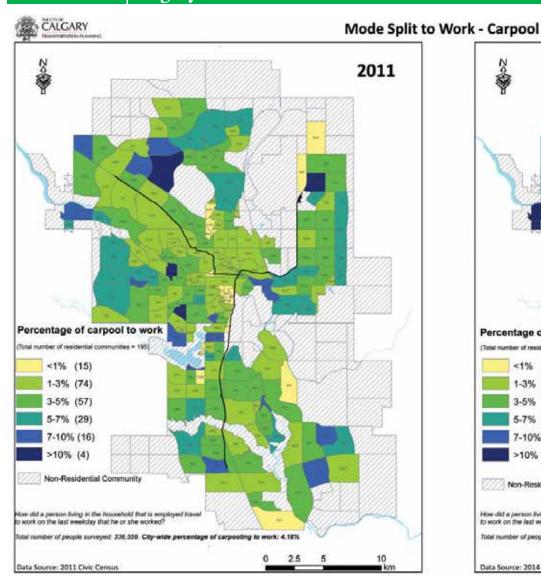
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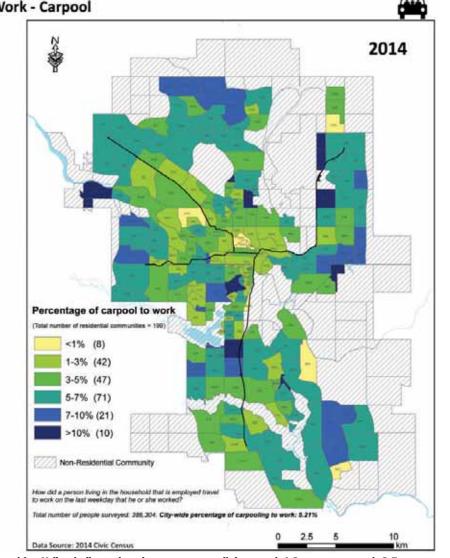
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These maps created by the city detail the percentage of residents carpooling from specific communities. Yellow indicates less than one per cent, light green is 1-3 per cent, green is 3-5 per cent, turquoise is 5-7 per cent, blue is 7-10 per cent and dark blue is over 10 per cent. COURTESY CITY OF CALGARY

Carpool numbers are cruising

TRANSIT

Residents on city's outskirts more likely to ride together



Commuters travelling in twos, threes and maybe even fours are on the rise, and the city says it plans to dig into new data to improve Calgary's carpool setup community by community.

Overall, data from the 2014 civic census indicates 5.21 per cent of city residents travel to work in a group, up from 4.18 per cent in 2011.

But the city has also broken down the results by community and found an uptick in the number of communities where carpooling is catching on

ing on.

Of the 199 communities surveyed, more than half — 102 to be exact — reported having at least five per cent of residents carpooling to work. By comparison, just one quarter of communities reported such numbers in 2011.

There's also been a significant increase in certain outlying communities like Valley Ridge, Tuscany and other suburban neighbourhoods.

Ekke Kok, the city's manager of transportation data, said the increase is a "significant result," adding that the census data may in fact be bit low compared to reality because the survey results would only take into account



The more people that carpool, there would be more parking available downtown and maybe the prices would go down.

Kino Tremblay, carpooler for the past 11 months

whether a household's respondent carpools, and not if others living there do, too.

He said the increases in certain areas indicate to him that proper infrastructure can entice more commuters to travel in pairs.

"This really allows us to break it down by community ... it allows us to really zoom in on areas and see what we can do to improve it," he said.

As an example, he said the city has promoted the use of a carpool parking lot along the Trans-Canada Highway for Valley Ridge and Crest-

mont dwellers.

As well, there are new incentives for carpoolers once they reach the core, including a dedicated parking-lot level at City Hall.

Kino Tremblay has been carpooling with his wife and cousin for the past 11 months from Cranston, which has seen an increase in such activity over the past three years.

The trio first heads into the downtown core and then Tremblay takes the vehicle to a construction site where he works.

"It saves me half an hour

versus transit and I like to have a vehicle available to me when I'm working," he said, adding he hopes more people consider commuting in groups.

"The more people that carpool, there would be more parking available downtown and maybe the prices would go down," Tremblay added.

Kok said the city's latest Central Business District cordon count, which only includes commuters coming in and out of the downtown core, didn't show an increase in carpoolers, indicating to him that more residents may be riding in a group to industrial areas.

"Industrial areas are typically quite difficult to service with transit, so if that's indeed what's happening, that would certainly be a good trend." he said.

5.21%

The percentage of city residents who travel to work in a group, which is up from 4.18 per cent in 2011.

102

Out of 199 surveyed communities, the number in which at least five per cent of respondents said they carpooled, up significantly from 2011.

POLITICS

Ceremony starts busy schedule for NDP

NDP Leader Rachel Notley ushered in Alberta's first change of government in almost 44 years Sunday while becoming the province's second female premier after former Tory leader Alison Redford.

It was also a passing of the torch.

Notley's father, Grant Notley, was the leader of Alberta's NDP during lean years for the party in the 1970s and early 80s. He died in a plane crash in 1984, just two years before the NDP made a historic breakthrough, winning 16 seats and forming official Opposition in 1986.

The ceremony also launched a busy schedule.

The cabinet will hold its first

meetings, in Calgary, on Wednesday and Thursday.
On June 1, 86 of the 87 mem-

bers of the legislature will be sworn in as MLAs. Prentice won his seat in Calgary-Foothills but quit on election night, before all the votes had even been counted.

The legislature resumes on June 11 for the selection of a new Speaker.

There will be a speech from the throne on June 15 followed by a short session mainly to pass a bill to keep the province's money flowing while Notley's team crafts its first budget to be released in the fall.

The NDP hopes to put behind them a difficult week of

transition. On Friday, the party formally apologized for using online invitations to the taxpayer-funded swearing-in as a way to raise funds.

It also ejected rookie Calgary Bow member Deborah Drever following the circulation of a series of questionable photos, including one deemed homophobic by the party.

Drever, 26, will sit as an Independent.

THE CANADIAN PRESS



Kim Collins and Maximus Morton watch dad Jason Morton don a fire helmet during the Calgary EMS public open house Sunday. ANNA BROOKS/METRO

A day in the life of EMS

OPEN HOUSI

Event part of National Paramedic Services Week



Anna Brooks Metro | Calgary

We all know the blare of sirens and an ambulance tearing through traffic is a sign of an emergency, but what really goes on inside these mini-hospitals on wheels?

Adam Loria, an EMS (Emergency Medical Services) public education officer, gave Metro a glimpse into a day in the life of a paramedic during Sunday's open house held as part of National Paramedic Services Week.

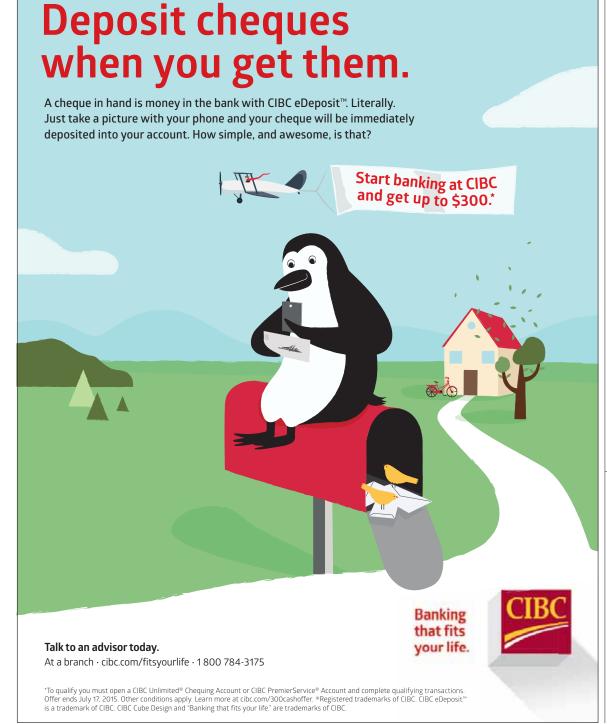
Touring through ambulances of all shapes and sizes — including a brand-new "multi-

causality incident bus" that is able to respond to large-scale incidents like wildfires and floods — Loria said Alberta EMS operations are among the most progressive in the country.

"Citizens in Alberta are quite lucky to live here for what paramedics can do," Loria said. "Everything you see in here you'd find in a surgical suite or emergency room so we can start lifesaving treatments on a soccer field, in somebody's basement or en route to the hospital."

Naomi Nania, a public education officer and community health paramedic, said there are still a lot of misconceptions about the work EMS paramedics do, and these open houses are a way to stop the spread of misinformation.

"The biggest one is we're not just ambulance drivers," Nania said. "We have a lot of skills we go to school for. We work in a mini-hospital by ourselves, and we save lives at home and on the way to a hospital."



CORRECTION NOTICE Shaganappi GM In the May 21st & May 22nd editions of Metro Calgary, please note that the (2015 GMC Terrain Denali STk# 56327) should have been listed with a Regular Price of (\$47,035) and a Sale Price of (\$39,988). Please also note that the (2015 Acadia Denali Stk# 59711) should have been listed with a Regular Price of (\$58,875) and a Sale Price of (\$51,988). We apologize for any confusion this may have caused.



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'Hold them accountable'

HOMELESS FOUNDATION

CEO hopes NDP will reverse planned cuts in PC budget



Robson Fletcher Metro | Calgary

Almost exactly a year after Diana Krecsy took over as CEO of the Calgary Homeless Foundation, the provincial government that provides most of her organization's funding underwent a radical shift.

Tuesday will mark Krecsy's first anniversary as leader of the group that has pledged to end homelessness in Calgary by 2018, while Monday will mark the first time she will interact with Alberta's Human Services department under an NDP minister.

Irfan Sabir was sworn in as the head of that portfolio Sunday. The 37-year-old lawyer has a degree in social work and spent five years working with a homeless shelter in Calgary.

The change, Krecsy hopes, will improve the chances of achieving



Diana Krecsy took over as CEO of the Calgary Homeless Foundation on May 26, 2014. METRO FILE

the goals of the 10-Year Plan to End Homelessness, starting with what she expects — at the very least — to be the restoration of funding cuts under the budget tabled but never passed by the previous PC government.

"They (the NDP) were very clear in their platform," Krecsy said. "They have said they want to 100 per cent support the plan to end homelessness. So I'm going to hold them accountable to that."

Krecsy, meanwhile, had to make some cuts of her own over the past year.

When she took over as CEO last May, Krecsy vowed to make "tough decisions" and reallocate

resources toward the top-performing programs among the dozens the CHF funds — and away from the under-performing groups.

So far, she said she has halted funding to two "very large" programs in the city.

"That didn't make me popular with them, but it needed to

happen," Krecsy said.

The decisions, she said, were based on empirical data on client outcomes, largely through the Homeless Management Information System (HMIS) that the foundation adopted in 2011 and plays an increasingly critical role in co-ordinating the work of various agencies.

Chantal Hansen, who manages the system, described it as "the IT backbone for the system of care."

"Before, everybody was working in isolation," Hansen previously told Metro. "There was very little collaboration."

Krecsy said more clients and service providers are signing up with HMIS all the time, but gaps and barriers remain in the information-sharing policies across the various groups in Alberta that work with homeless people.



We share with government but we want to make sure information is flowing in both directions.

Diana Krecsy

GET INVOLVED

Still too many 'bystanders' in homelessness fight

While the Calgary Homeless Foundation is spearheading the effort, its CEO says ending homelessness by 2018 is everyone's job.

"I've met a lot of what I'm going to call bystanders," Diana Krecsy said. "It's amazing to me, still, to see people always asking me: Are we succeeding? And I ask them: Well, what are you doing?"

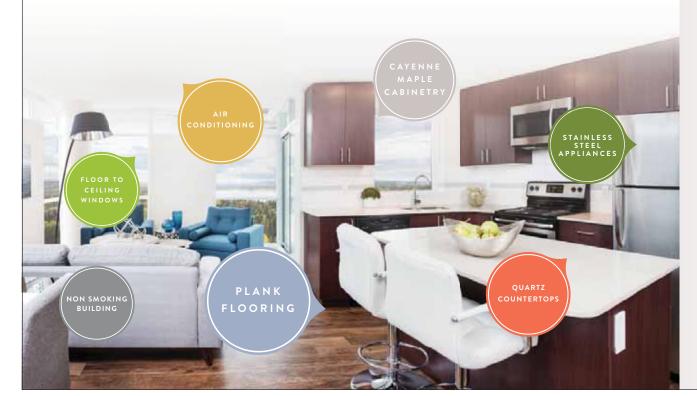
The foundation launched a new website in March called ihearthomeyo.com, aimed at getting more people involved in the effort and fostering collaboration.

The site will soon be updated with details on new partners, Krecsy said, but when that happens, the lack of participation in some sectors will also highlight "where we have to get more people engaged," she noted.

"The idea that we're going to end homelessness doesn't belong to an agency," Krecsy said. "It belongs to every Calgarian." ROBSON FLETCHER/METRO

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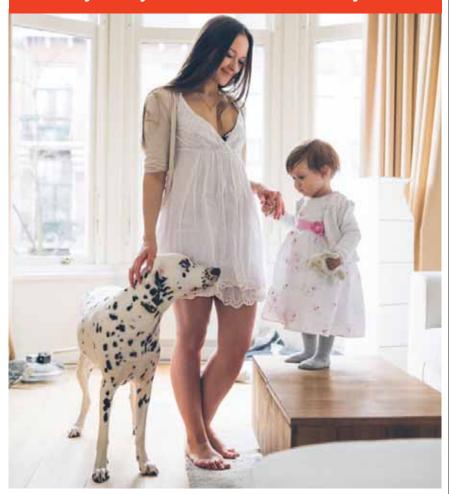


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A U.B.C. researcher says kids with quality early-childhood care tend to grow into healthier, smarter, more socially adapted and productive adults. TORSTAR NEWS SERVICE

\$25-a-day child care too high: Researcher

Province would still spend more on seniors than young people



Robson **Fletcher** Metro | Calgary

Premier Rachel Notley's pledge to push child-care costs down to \$25 per day may bring hope to financially stretched parents in Alberta, but a leading publichealth researcher says the NDP's proposed policy doesn't go nearly far enough.

"Kudos to actually saying putting more money into child care is important, because it is ... but they don't back it up with investing the dollars that will make it so," Dr. Paul Kershaw said of the winning party's platform.

As an associate director of the Human Early Learning Partner-

ship at the University of British Columbia, Kershaw studies the long-term impacts of earlychildhood education and care at a population-health level.

He said the body of evidence is "absolutely" clear in showing that access to high-quality child care "makes kids more likely to succeed in school, less likely to wind up in jail, and less likely to end up sick in a hospital when they're older."

But, even at \$25 a day, which works out to more than \$6,000 a year, he noted the cost of earlychildhood care remains higher than most university tuition in Alberta, and the burden of that cost falls on parents who are 'facing a fundamentally different reality" than the previous generation.

"They make less money for full-time work, they need more parents in the labour force for more time than in the past, and then they face higher housing prices after starting with larger student debt," he said.

Alberta already had the largest age gap in per-capita social spending under the previous PC regime, Kershaw noted, and, if the NDP government lives up to its platform, he estimates that gap will grow even wider, with the province spending more than \$18,000 per Albertan over the age of 65 compared to around \$7,800 per Albertan under 45.

"I don't know any families that want to pit generations against one another, but the platform, even of the winning party, is to some degree doing that,' Kershaw said.

For many parents, the lack of affordable child care remains a barrier to "being able to get out and achieve employment," said Lucy Miller, president and CEO of the United Way of Calgary and Area.

She added more accessible child care is "one of the big things we need to provide in order to put people in a position where they can be independent and make a contribution.'



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Denny Morrison charged after crash

COLLISION

Olympian suffered femur fracture in collision



Anna Brooks Metro | Calgary Canadian Olympic speedskater Denny Morrison has been charged with failing to stop for a yellow light after the May 7 motorcycle crash that knocked a car on its side and left the Olympic medallist in hospital with a fractured femur.

Staff Sgt. Paul Stacey would not identify Morrison specifically, but confirmed charges were laid under the Traffic Safety Act against the motorcyclist involved in the collision, carrying a penalty of a \$155 fine.

Stacey said this is a reminder that drivers need to use better discretion when it comes to yellow lights.

Morrison had been driving southbound on Charleswood Drive and sped up to make it through a yellow light, according to police. Stacey said a Toyota was attempting to turn left on Crowchild Trail and was hit hard enough by the motorcyclist to flip the vehicle onto its side.

Stacey added that while yellow lights are an indicator to clear the intersection, that doesn't mean drivers should enter an intersection on a yellow light.

"There will be times when you're so close you don't have

a choice, but when you're able to stop, the law says you have to stop," Stacey said. "It doesn't mean speed up to blast through the intersection before it turns red."

Although Stacey couldn't identify exactly what speed Morrison was travelling at, he said the motorcyclist was driving in excess of posted limits, according to the investigation.



Denny Morrison has been charged after a May 7 crash.

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SPRUCE CLIFE

Community holds potluck for unity



It was an event to bring a divided community together.

A family in Calgary's Spruce Cliff area who said they were bullied and targeted because of their race hopes an anti-bullying potluck they held on Saturday will help unify the community.

Concerned mother Blair France told Metro of her family's experiences, saying they've been targeted with rocks and abuse.

But against the backdrop of cartwheeling kids and facepainting on Saturday, France said she's hopeful the event initiated change.

"It means the world to me that I have all of these people here enjoying the day and working together and having fun," she said.

The event was also a chance to raise funds for recreational facilities for local kids.

A number of police officers were on hand at Saturday's event, including Const. Rayn Boyko, a member of the CPS's Youth and Community Services section.

"It's heartwarming and it's encouraging," she said.

"I am a believer that at our core, its easier for us to love than to hate, so when people feel safe to do so, they will love each other instead of hate each other."



Blair France, with her daughters Deborah, 12, and Elexaray, 7, hopes a barbecue and potluck will help unify her community. MORGAN MODJESKI/METRO



IN BRIEF

Woman threatened with knife in home invasion

Calgary police said a home invader threatened a woman with a knife after breaking into a house in the 400 block of Applewood Place SE Sunday morning.

The break-in happened around 2 a.m. and police said they believe the man entered the home through a window. The man woke up the woman and demanded that she give him the bracelet off her wrist.

Northeast stabbing sends woman to hospital

A woman was taken to hospital following a stabbing in Calgary's northeast Saturday afternoon.

Det. Steve Adair with the Calgary Police Service said officers were called to a residence in the 100 block of Skyview Shores Manor NE around 2 p.m.

The woman was taken to hospital in what police said was serious condition.

No charges have been aid. METRO



10 Monday, May 25, 2015 Calgary Metr® NEWS

Shelters see hope in NDP win

FAMILY VIOLENCE

Adding beds only part of the solution: Advocate



Jeremy Nolais Metro | Calgary

Nicole was new to the city and trapped in an abusive relationship. She had few places to turn.

It was the end of 2012 when she and her daughter landed at a Calgary shelter run by Inn From The Cold.

"They were there to talk, to listen, to advocate," said Nicole, who Metro has agreed not to identify by her real name. "Basically anything that I needed, they were there for."

Now, Nicole is out on her own, with her own place and she has a second child, but there are many others who need a helping hand like she did.

Inn From The Cold saw a 130 per cent year-over-year increase in shelter clients from 2013 to



Kim Ruse, executive director of the Calgary Women's Emergency Shelter, hopes to meet with elected NDP members soon to discuss the best way forward to address and prevent issues surrounding domestic violence. METRO FILE

2014

"It was a massive, massive bump in terms of the number of people seeking shelter from us," said Linda McLean, the organization's executive director.

It remains to be seen if Mc-Lean's group will benefit directly from the election of an NDP We're full. We're always full, unfortunately.

Kim Ruse, Calgary Women's Emergency Shelter government, but the party has made support for abused women and families a major part of its platform.

Kim Ruse, executive director for the Calgary Women's Emergency Shelter, said she hopes for a discussion with the new NDP leaders in short order. Her organization, too, has seen challenges in recent years, namely that the average client stay has shot up from 21 days to 30. The shelter also fielded more than 11,000 crisis calls in 2014-15, up from about 9,000 the year prior.

"We're full. We're always full, unfortunately," Ruse said.

But she noted that funding additional shelter space is only one part of the puzzle.

"There needs to be more investment in the prevention work and also working with families in the community as well," Ruse said.

McLean agrees.

"I don't think our long-term goal was ever that we just keeping putting more and more money towards adding shelter beds," she said. "We're more hopeful that the NDP's platform will bring to bear some systemic changes that might reduce the need for shelter beds."

Nicole, meanwhile, is moving into a new home, has since had a second child and looks forward to the joys of motherhood.

"They are my world and my life, and I would do anything for them," she said.



Where does the NDP stand on women's issues?

During the election campaign, the NDP pledged to kick in an additional \$15 million annually to create more spaces at women's shelters provincewide and support organizations taking initiatives to end violence against women.

There is also talk of redesigning a family tax credit to better support families and, on Sunday, Lethbridge MLA Shannon Phillips was named minister responsible for the status of women.

Phillips previously served as chair of the Womanspace Resource Centre in Lethbridge.

There is also a record number of women in government now, with female members accounting for 45 per cent of the NDP's 53 newly elected MLAs.

JEREMY NOLAIS/METRO



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Art project is a layer of comfort

Yarn-covered house heralds shelter for disabled



Anna **Brooks** Metro | Calgary

Those passing by the dilapidated house nestled at the end of 8 Avenue and 10 Street NW might wonder why the whole thing has been swathed in Afghan blankets, yarn and even knitted slippers.

Linda Hawke, board president of This is My City Art Society (TMC), said the goal was to transform the old house into a large-scale art project before it's demolished to make space for a residence to accommodate homeless people with disabilities.

CHF (Calgary Homeless Foundation) recruited us to do a community project with the



Hillhurst house yarn-bombed in preparation for new affordable housing unit for Calgary's homeless. ANNA BROOKS/METRO

house to generate some discussion and spread awareness about homelessness in Calgary," Hawke explained. "We've had lots of people stopping by and asking questions... that gives us an opportunity to talk about some of the issues behind it."

Hawke said a wide array of artists have taken part in the project, including some from Calgary's homeless population. Hawke said that collaborative aspect is critical in breaking down stigmas and creating a sense of

belonging regardless of one's socioeconomic status.

You see a work of art. You don't necessarily know who's done it, but you can relate to certain things in it," Hawke said. "Then you realize someone who's homeless has made it. Art is a really powerful way of bringing people together in that way."

The new building will feature 25 suites for those with physical disabilities, and CHF estimates tenants will be able to move in by summer 2016.



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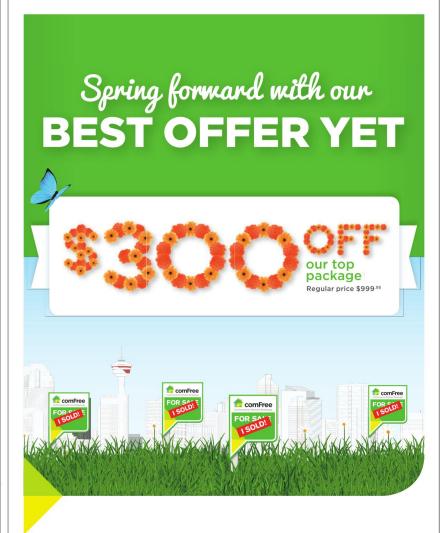
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FI ORIDA

Canadian teen waiting on bail hearing

A Canadian teenager caught up in a double killing in Florida will ask a judge on Wednesday to grant him bail pending a trial that could lead to a life of imprisonment.

Marc Wabafiyebazu has pleaded not guilty to felony first-degree murder and other charges in a drug-related shootout in March that left his 17-year-old brother Jean Wabafiyebazu dead. Court documents filed in support of the bail application argue that Marc Wabafiyebazu, son of a senior Canadian diplomat, was simply in the wrong place at the wrong time.

"This highly publicized case involved a 15-year-old boy who did nothing more than sit in a car while his brother made a series of bad decisions which cost him his life," lawyer Michael Corey

writes

"Marc is a child and deserves to be treated as such."

Given the seriousness of the charges for which he is to be tried as an adult, bail would normally be off-limits, but the teen will nevertheless press for interim release at Wednesday's so-called "Arthur" hearing.

Such a hearing resembles a mini-trial in which both sides will present substantial amounts of information, said Ed Griffith, with the Miami-Dade State Attorney's Office.

To win bail, the defence will have to convince the judge that the prosecutor does not have enough evidence to prove Wabafiyebazu's guilt, and that he poses neither a danger to the community nor a flight risk.

Circuit Judge Richard Hersch has set a tentative July 20 trial date. THE CANADIAN PRESS



A lone woman sits amongst empty tables at a bingo hall in Montreal. The Quebec government, which strictly regulates the game, has for years tried to revive the seemingly moribund industry, but profits continue to slide.

PAUL CHIASSON/THE CANADIAN PRESS

Calling out to nobody

QUEBE

Bingo industry struggles in spite of revival attempts

Jean-Marc Crete sits attentively on his platform, mic in left hand, the potential winning ball freshly released from a constantly buzzing machine that provides the soundtrack to the Montreal bingo game.

He picks up the little yellow plastic ball and delivers a monotone, bilingual announcement.

"O soixante-sept; O sixty-seven," Crete calls, gently slotting the ball in a socket on a console that also acts as his desk.

The players, mostly over 60, follow his every call, methodically pressing their daubers on their papers, releasing a small amount of translucent gooey liquid onto the right number.

Crete, who's about to hit 61,

says he believes "everyone has a little bit of a gambling bug."

But for years young people who caught the bug have been getting their fix elsewhere.

The remaining 50 or so bingo halls in Quebec are losing millions of dollars annually as their traditional clients die off and are not replaced.

"B cinq; B five," Crete calls into his mic. "When we were able to smoke inside bingo halls they were full of people. 'G cinquantecinq; G fifty-five.' Then they put in the no-smoking rule and a lot of smokers never came back."

Quebec's government strictly regulates the game and has for years tried to no avail to revive the seemingly moribund industry.

The atmosphere at the bingo club in southwest Montreal is good enough for Joyce Lajeunesse, 70, who says her husband drives her there twice a week.

"I like to come and talk to people," she said. "My husband and I are alone." THE CANADIAN PRESS





Secrecy laws shielding Manitoba's ad slogan

INFORMATION

Rules vary in each province

The Manitoba government has spent public money conducting opinion polls and focus groups on its Steady Growth, Good Jobs advertising campaign, but the results are being kept secret under the province's freedom of information law.

The data might be publicly available in other provinces, because the laws that dictate what governments can keep private vary from one jurisdiction to another.

In Manitoba, virtually any document prepared for the provincial cabinet must be shielded from the public view. That includes background information such as a 2013 document in which the government tested the Steady Growth, Good Jobs slogan on a select group of people before adopting it.

"The record was prepared to be discussed and/or presented



Manitoba Family Services Minister Kerri Irvin-Ross, at podium, and Jobs and The Economy Minister Kevin Chief, right in blue shirt, announce increased housing subsidies Friday behind a sign bearing the government's Steady Growth, Good Jobs slogan. STEVE LAMBERT/THE CANADIAN PRESS

to a committee of cabinet and relates to the formulation of government policy and as such

You start at the general level of 'how is the government doing' and 'what do you think the priorities are for the government' ... and then you start moving into talking about different slogans.

Chris Adams, a former pollster and political science professor in Winnipeg

is protected," reads a response from the Finance Department to a freedom of information request from The Canadian Press.

Similarly, a report from focus-group testing earlier this year on the government's economic agenda is being kept secret. In both cases, the government cited a section of provincial law that blocks the release of any record prepared for a minister about a matter that is to be discussed in cabinet.

There are similar laws in provinces such as Saskatchewan. But in other areas, including Alberta and Nova Scotia, only recommendations to cabinet are blocked.

The Steady Growth, Good Jobs slogan was adopted as a way of selling the government's one-point increase to the provincial sales tax and the infrastructure program that much of the money is going toward.

Chris Adams, a former poll-

ster and political science professor in Winnipeg, said governments will typically try out two or three slogans on a focus group and choose the one that resonates best.

"You start at the general level of 'how is the government doing' and 'what do you think the priorities are for the government' ... and then you start moving into talking about different slogans," Adams said.

The government has taken the Steady Growth slogan to radio, newspaper, television and online advertising. Documents obtained by the Opposition Progressive Conservatives show \$619,000 was spent over a period of several months last year on advertisements and construction-site signs.

Jobs Minister Kevin Chief said the advertising lets people know their money is being used to repair roads and build public housing.

"We don't ebb and flow (economically), we stay pretty steady," he said. "And there's growth, there's demand for iobs."

But the use of taxpayer dollars for government advertising can be murky, say analysts.

"It's not fair that the party that's in the government has these extra resources to market what it's going to do," said Royce Koop, who teaches political science at the University of Manitoba. THE CANADIAN PRESS

CAMPAIGN

Middle class focus of NDP ad

The NDP is launching its first big pre-election ad campaign that shows a smiling Thomas Mulcair talking about the need to bolster Canada's middle class.

The 30-second ad, which will begin airing on television Monday, puts a spotlight on two goals of the NDP in this pre-election period — putting a softer focus on Mulcair and highlighting the middle class as a priority, a battle-ground that the Liberals and Conservatives have also flagged for the coming campaign.

In another sign of escalating political activity, the Liberals staged a so-called "weekend of action," with candidates and volunteers.

Party spokesman Olivier Duchesneau says that Liberals visited more than 100,000 households on Saturday and Sunday, more than any other weekend outside an election. "This demonstrates the strength and momentum of the grassroots movement we continue to build," Duchesneau told Torstar News Service.

The NDP's television commercial opens with a city skyline, cuts to a coffee shop opening for the day, then a dry-cleaner, as Mulcair narrates in the background.

"You work hard to give your family the best. Your government should be there to help your family make ends meet," the NDP leader said, pledging to put "families and their priorities first."

"I was raised on middle-class values and I'll work to strengthen the middle class," Mulcair says. "Together we can bring change in Ottawa. I invite you to be part of it," he says. Torstar NEWS SERVICE

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WEATHER RAINS CAUSE FLOODING, RESCUES, EVACUATIONS IN TEXAS, OKLAHOMA

Highway patrolmen rescue Justin Nimmo, left, from his business, just in time, after flooding caused by rising water from Saturday night's storms trapped him in the store on Sunday in Purcell, Okla. Up to 25 centimetres of rain fell over 24 hours in parts of Texas, prompting numerous evacuations and rescues overnight and into Sunday, while a firefighter in northeast Oklahoma died after being swept away in floodwaters.

STEVE SISNEY/THE OKLAHOMAN/THE ASSOCIATED PRESS

Gay couples awake to a new Ireland

EQUALITY

Plans to draft marriage bill this week

Gay couples of Ireland woke up Sunday in what felt like a nation reborn, with dreams of wedding plans dancing in their heads.

This new reality was sinking in after the Irish people voted with a surprisingly strong 62 per cent "yes" to enshrine the right to gay marriage in the country's conservative 1937 constitution. Thousands of revellers of all sexual identities celebrated until dawn after the result was announced Saturday night.

The Justice Department confirmed Sunday it plans to draft a marriage bill this week that will permit those taking vows in civil ceremonies to choose

either to be "husband and wife" or "spouses of each other." It will ensure that no church is required to perform a gay marriage, a key demand of the dominant Catholic Church and also the main Protestant and Muslim communities in Ireland.

Deputy Prime Minister Joan Burton said she expects the bill to become law by early July. Because existing law requires a minimum three-month notice for any civil marriages, the first gay weddings cannot happen until the fall.

For Sen. Katherine Zappone and Ann Louise Gilligan, their day has nearly come. Since 2003 they have fought for legal recognition of their Canadian marriage, suffering setbacks and delays as they sued the state all the way to the Supreme Court.

"For so long, I've been having to dig in my heels and say ... Well, we are married. I'm a married woman!" said Zappone, a Seattle native who settled with her Irish spouse in Dublin three decades ago.

"We are now entering a new Ireland," said Gilligan, a former nun.

Zappone and Gilligan thrilled a crowd of thousands of rainbow flag-waving revellers Saturday at the results centre at Dublin Castle with a playful promise to renew their vows. Zappone dramatically broke off from a live TV interview, stared directly into the camera, and asked Gilligan to marry her all over again.

"I said yes to Katherine 12 years ago at our marriage in Canada," Gilligan, nearby, shouted to the crowd. "And now we are bringing the 'yes' back home to Ireland, our country of Ireland! Yes, yes, yes!"

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HUMAN TRAFFICKING

Malaysia finds graves near border

Malaysian authorities said Sunday that they have discovered a series of graves in at least 17 abandoned camps used by human traffickers on the border with Thailand where Rohingya Muslims fleeing Myanmar have been held.

The finding follows a similar discovery earlier this month by police in Thailand, who unearthed dozens of bodies from shallow graves in abandoned camps on the Thai side of the border. The grim discoveries are shedding new light on the hidden network of jungle camps run by traffickers, who have for years held countless desperate people captive while extorting ransoms from their families.

Most of those who have

fallen victim to the trafficking networks are refugees and impoverished migrants from Myanmar and Bangladesh, part of a wave of people who have fled their homelands to reach countries like Malaysia, where they hope to find work or live free from persecution.

As Southeast Asian governments have launched crack-downs amid intensified international pressure and media scrutiny, traffickers have abandoned camps on land and even boats at sea to avoid arrest.

Malaysian Home Minister Zahid Hamidi said that each grave probably contained anywhere from one to four bodies, and that authorities were in the process of counting. THE ASSOCIATED PRESS OF COUNTING THE ASSOCIATED PRESS

BEAUTIFUL MIND

John Nash, wife, killed in car crash

John Forbes Nash Jr., a mathematical genius whose struggle with schizophrenia was chronicled in the 2001 movie A Beautiful Mind, has died along with his wife in a car crash on the New Jersey Turnpike. He was 86.

Nash and Alicia Nash, 82, of Princeton Township, were killed in a taxi crash Saturday, state police said. A colleague who had received an award with Nash in Norway earlier in the week said they had just flown home and the couple had taken a cab home from the airport.

Russell Crowe, who portrayed Nash in A Beautiful Mind, tweeted that he was "stunned."

"An amazing partnership," he wrote. "Beautiful minds, beautiful hearts."



Princeton University professor John Nash.

THE ASSOCIATED PRESS FILE

In a statement Sunday, his co-star in the film, Jennifer Connelly, called the couple "an inspiration," and the film's director, Ron Howard, tweeted that "it was an honour telling part of their story."

THE ASSOCIATED PRESS



Polish president concedes defeat to challenger

Polish President Bronislaw Komorowski conceded defeat in the county's presidential election Sunday after an exit poll showed him trailing Andrzej Duda, a previously little-known right-wing politician. If the exit poll is confirmed by official results, which are due Monday, it marks a significant blow to the ruling Civic Platform party ahead of more important parliamentary elections this year. The pro-market and pro-European party has overseen unprecedented growth during its eight years of power but is now being punished by voter discontent.

THE ASSOCIATED PRESS

Thousands evacuated in Nepal after landslide

Thousands of people fled villages and towns along a mountain river in northwest Nepal on Sunday after it was blocked by a landslide that could burst and cause flash floods, officials said. The landslide created a dam and a lake two kilometres long on the Kaligandaki River, said government administrator Yam Bahadur Chokhal. Residents living on the banks of the river were moved to higher grounds for fear the river could burst and send flash floods through the area north of Beni Bazaar, about 200 kilometres northwest of the capital, Kathmandu. THE ASSOCIATED PRESS

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Bridging the Korean divide

KOREA

Feminists feeling 'very positive' after historic event

Female activists including Gloria Steinem and two Nobel Peace laureates were denied an attempt to walk across the Demilitarized Zone (DMZ) dividing North and South Korea on Sunday, but were allowed to cross by bus and complete what one of them called a landmark event.

The group of 30 women from 15 countries made a final appeal to authorities on both sides to allow them to walk across the demarcation line, but were turned down. The North allowed a South Korean bus to cross the demarcation line to pick them up on the North side of the DMZ and transport them over the border to South Korea.

United Nations Command officials met the group inside the DMZ after they crossed the demarcation line, and allowed them to march again after the final checkpoint on the southern side.

"We were able to be citizen diplomats," said Steinem, the 81-year-old feminist pioneer and author

"We are feeling very, very positive. We have received an enormous amount of support," she said after passing through South Korean immigration.

The group included Nobel Peace laureates Mairead Maguire, from Northern Ireland, and Leymah Gbowee, from Liberia.

The women walked, carried banners and sang on the North Korean side of the first checkpoint leading into the DMZ. They were then met by a large contingent of media on the South side.

The Koreas have remained divided since the 1950-53 Korean War ended in an armistice, not



International women activists including Gloria Steinem and two Nobel Peace laureates on Sunday were denied an attempt to walk across the Demilitarized Zone dividing North and South Korea, but were allowed to cross by bus and complete what one of them called a landmark peace event. LEE JIN-MAN/THE ASSOCIATED PRESS

a peace treaty. The DMZ that divides them is one of the most heavily fortified borders in the world. Authorities on both sides said they could not guarantee the safety of the women had they walked across.

Organizer Christine Ahn, a Korean-American peace activist, said the group initially wanted to walk through the symbolic truce village of Panmunjom, where the armistice was signed.

Still, she said the crossing itself was a success and a "historic event" despite "governments setting boundaries."

Some members of the group expressed disappointment that the walk inside the DMZ was denied. But Ahn said she was satisfied that they were able to meet with North Korean women during their several-day stay in Pyongyang, the North's capital, and to cross through the DMZ, which is rarely allowed to any form of civilians.

The women will also meet with South Korean counterparts.

Ahn said the group went to the two Koreas to call for an end to hostilities on the Korean Peninsula, push for a reunification of families divided by the war and promote dialogue between the two enemies.

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MIDDLE EAST

Iraqi forces lack 'will to fight': U.S. official

The takeover of Ramadi by the Islamic State of Iraq and the Levant (ISIL) is stark evidence that Iraqi forces lack the "will to fight," Defence Secretary Ash Carter said, in the harshest assessment yet from a highranking Obama administration official of the U.S. effort to bolster Iraqi forces to retake their territory from extremist militants.

Iraqi soldiers "vastly outnumbered" their opposition in the capital of Anbar province but quickly withdrew from the city in Iraq's Sunni heartland, Carter said on CNN's State of the Union. The interview aired on Sunday.

The Iraqis left behind large numbers of U.S.-supplied vehicles, including several tanks.

enicles, including several tanks. What apparently happened is the Iraqi forces just showed no will to fight," Carter said. "They were not outnumbered; in fact, they vastly outnumbered the opposing force. That says to me, and I think to most of us, that we have an issue with the will of the Iraqis to fight Associated Press.

"The Iraqi army and police did have the will to fight IS group in Ramadi, but these forces lack good equipment, weapons and aerial support,"he said. "The U.S. officials should provide Iraq with advanced



We can't make Iraq ... a decent place for people to live. We can't sustain the victory, only the Iraqis can do that.

United States Defence Secretary Ash Carter

ISIL and defend themselves."
Iraqi lawmaker Hakim al-

Zamili, the head of the parliamentary defence and security committee, called Carter's comments "unrealistic and baseless," in an interview with The weapons as soon as possible instead of making such statements."

The fall of Ramadi last Sunday has sparked questions about the effectiveness of the Obama administration's approach in Iraq, a blend of retraining and rebuilding the Iraqi army, prodding Baghdad to reconcile with the nation's Sunnis and bombing Islamic State group targets from the air without committing American ground combat troops.

Carter defended the use of U.S. airstrikes as an effective part of the fight against the Islamic State, but he said they are not a replacement for Iraqi ground forces willing to defend their country.

"We can participate in the defeat of ISIL," he said. "But we can't make Iraq ... a decent place for people to live. We can't sustain the victory, only the Iraqis can do that and, in particular in this case, the Sunni tribes to the West."

THE ASSOCIATED PRESS



Iran permits 'managed access' to UN nuclear inspectors

Iran has agreed to grant United Nations inspectors "managed access" to military sites as part of a future deal over its contested nuclear program, a negotiator said Sunday, apparently contradicting earlier comments by the nation's supreme leader.

"Iran has agreed to grant managed access to military sites," state TV quoted Iranian Deputy Foreign Minister Abbas Araghchi on Sunday.

Lawmaker Ahmad Shoohani, a member of parliament's National Security and Foreign Policy Committee who attended the closed-door session, said restricted inspections of military sites will be carried out under strict control and specific circumstances. THE ASSOCIATED PRESS

Civilians killed in ongoing Yemeni conflict

Fighting raged on in Yemen on Sunday, with airstrikes by the Saudi-led coalition hitting rebel targets in multiple cities, including the capital, while fierce street battles in the city of Taiz killed several civilians including four members of the same family.

Security officials said the clashes in Taiz between rebels and forces loyal to the exiled president saw errant artillery rounds repeatedly hitting residential areas, killing at least eight civilians. THE ASSOCIATED PRESS

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Phone gripes top of CRTC list

TELECOMMUNICATIONS

Many wrote to watchdog about billing issues

Wireless carriers automatically renewing customers' contracts without their consent; clients being kept on hold for hours while trying to cancel their services; mysterious charges from unknown third parties popping up on customers' phone bills: These were some of the most commonly cited allegations in hundreds of complaints lodged by consumers with the CRTC about telecom companies between January and August of 2013 obtained via Access to Information legislation.

A few of the appeals are heart-wrenching. One complainant alleges Bell wouldn't stop harassing him about his deceased wife's account, even though he had paid it off.

"Losing my wife of 45 years was hard enough, but dealing with ineptitude like this makes it even harder," he wrote.



A man checks his smartphone in Vancouver. Consumers lodged hundreds of complaints against telecom companies between January and August of 2013. THE CANADIAN PRESS FILE

Another wrote to the CRTC in desperation, accusing Bell of shutting off service for an "unknown reason" and that five calls to the company had failed to resolve the problem.

"Please please help me," the complainant wrote. "I'm 77

I'm 77 years old and just lost my wife and

I need my phone.One complainant to CRTC

years old and just lost my wife and I need my phone and Bell won't fix the error that they caused."

In its response letter to the CRTC, Bell said it had accidentally disconnected the customer's phone line a week earlier than requested but restored service a few days later.

BCE Inc., Rogers Communications Inc. and Telus Corp. say the number of complaints filed about telecom companies has been steadily declining as all three companies have worked to improve customer service.

Ottawa has introduced a number of regulations in recent years to address some of the issues contained in the complaints.

An annual report from the complaints commissioner suggests the measures are having an effect.

The commissioner accepted 11,340 complaints by the end of 2014 — down 17 per cent from the previous year.

Roughly 32 per cent — or 3,651 complaints — were about Bell, down nearly seven per cent from the previous year. Rogers and its discount brand, Fido, came in second with 3,284 complaints, a decline of about 31.5 per cent.

Telus received 653 complaints, roughly six per cent of the total and a decline of about 26 per cent.
THE CANADIAN PRESS



No answer on Halloween:

One person alleges Bell cut off his phone instead of renewing the contract the night of Halloween, leaving him out of touch with his girlfriend, who was trying to reach him.

Flipping the bird:

Another person alleges when he told a Telus truck to slow down in his neighbourhood, he was given the finger; a client rep he spoke to laughed at him.

Blowing the horn:

A complainant whose service was interrupted while workers were installing equipment alleges Telus said restoration would take weeks. The complainant looks after a young woman with multiple sclerosis who "has been using an air horn to get our attention ... We need our phone back."









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MYMETRO

Mark Dowdell, **Edmonton**

What are you up to?

I walked over from my office at Atco Gas, a few blocks away, to have lunch on the square.

What is your commute?

I drive. My commute is less than 15 minutes from Forest Heights to downtown. I'd be tempted to ride my bike if I didn't have to pick up my son from daycare.

Where should someone new to the city visit?

Definitely the River Valley. That's why I live where I do. I use it all the time to bike or run.

What are you binge-watching or reading right now?

I have a young child, so no time to binge-watch. But I did catch up on several episodes of Mad Men before the finale.

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper. We'll re-post you and feature a reader pic from across Canada in this spot every Monday.



Advice for Sean Chu: When in doubt, zip it

KLASZUS' CALGARY

Jeremy Klaszus



Another week, another asinine bozo eruption from Calgary city councillor Sean Chu.

Čhu, who afflicts the citizens of Ward 4 with his representation, almost makes rookie MLA Deborah Drever look social-media savvy.

Drever at least ceased her online indiscretions after being elected. Over a year and a half into his rookie term, Chu keeps obstinately on with his.

Drever was suspended from the NDP caucus last Friday after a series of ill-considered Facebook and Instagram posts were brought to light.

Unlike MLAs, city councillors don't belong to parties. If they did, you can bet Chu would have been punted by

But with no leader to hold him in check or keep him off social media, Chu is free to make all manner of foolish utterances without penalty.

Here is what he said on Twitter Saturday night, reacting to the news of Ireland's landmark "yes" vote on gay rights (this is verbatim): "Congrats, Irish's 'social revolution' on same sex marriage. We've our own 'social revolution' its called 'screw the D/T businesses'Cycletracks."

After being excoriated online for his comments, he posted an apology the following day. "Bad comparison," he wrote. "I absolutely support human & equal rights.

Chu's opposition to urban cycling devolved long ago into irrational hysterics and anger. For the longest time he would stand along the 7 Street SW cycle track downtown and tweet photos when there were no cyclists around — proof, he suggested, that bike lanes are

When presented with data that contradicted his own highly scientific investigation last year, Chu went ballistic. "This is nothing but BULLS-T," he wrote on Twitter, disparaging the city staffer who presented the data. "What was

He apologized, as is his pattern, but has remained steadfastly closed to reason since, on this and other issues.

LGBTQ rights and bike lanes have nothing to do with each other, but when you are fiercely bent on a narrow personal agenda, you try and make connections where

Drever's odious missteps can be partly explained by her youth. She's a student in her mid-20s. Chu, a former city cop in his 50s, has no such

Chu talks incessantly of

"common sense," but has displayed little since being elected. It's no wonder some people have started calling him "Calgary's Rob Ford."

In fairness, Chu seems to have the Fordian gift of connecting with individual constituents, genuinely listening to their concerns.

Chu's supporters insist he has a good heart. Fair enough, but a good heart alone is not enough for public office. A head is also required.

Until both are in evidence, Chu should consider the wisdom of Mark Twain, relayed his way on Twitter by local photographer Steve Coutts: "It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt."

Jeremy Klaszus is a freelance journalist and stay-at-home dad. He tweets at @klaszus.

ROSEMARY WESTWOOI

metroview

"I will not strap on a stiff bra and pretend I don't have nipples."

As does everyone. So why are we obsessed with hiding

Instagram clarified its nipple rule last week: They are a no-no, but breastfeeding is OK, as are mastectomy scars. Facebook is also anti-nip.

Not only do we censor bare-breasted women (in a country where going topless is legal), we pressure them to hide any trace of nipples under their shirts. The nipple hysteria is comically vast.

There are tabloid sightings of celebrity nipples beneath tops (last week it was Rihanna's). A Fox News affiliate recently blurred the nipples in a Picasso painting for its TV audience.

Pointy nipples cost Anne Hathaway brutal headlines at the 2013 Oscars. Jennifer Aniston's nipples have a Twitter handle a decade after the end of Friends. And one website offers up the "15 hottest actresses busted with erect nipples."

All these nipple naysayers are absurd. We allow cleavage, and the outlines of breasts and butts under clothes. But nipples? Gasp!

At work, or even strolling around the city, nipples seem not only rude but somehow naughty. As if nipples = sex.

Meanwhile, hard-nippled or bare-chested men cause no offence, even though,

"Women's nipples are at least used for a purpose."

I simply don't get it. They're only part of the natural shape of the breast. But even that has become

We buy mass-market bras that create the taut symmetrical curve of a coconut, perched right under the chin. Any jiggle or droop is shamed. I'm sick of feeling like the only acceptable tit is the one that looks pasted on by a bad plastic surgeon.

And, I never thought I'd long for 2009, but that was when New York Magazine ran an article asking "Are Nipples 2009's Must-have Fashion Accessory?". That year, nipples starred on spring runways and Victoria Beckham let hers be perky, causing an uptick in nipple surgeries and the suggestion she was a "nipple role model."

I could use one of those. Since my preteen years, I've felt like it's my job to hide them. But this summer, I will not be compressed or embarrassed. I will not strap on a stiff bra and pretend I don't have nipples just because clothing has gotten thinner with the season.

They're not indecent, and they're not there to be ogled. I'm not some kind of nipple-free Barbie doll.

So, deal with it.



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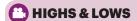
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Tear factor

Several films got the crowds blubbering at this year's festival, especially the Amy Winehouse documentary Amy and the moving lesbian love affair at the heart of Carol.

Stiletto-gate

A social media storm erupted after reports that some women had been turned away from the red carpet for not wearing high heels.

3D penis

The biggest crowds of the week were seen at the midnight showing of Love, a hyper-sexual 3D film which featured some wince-inducing closeups in director Gaspar Noe's tale of "blood, sperm and tears." Sadly, critics said the tears were mostly the result of boredom, not controversy.

McConnaissance stumble The seemingly unstoppable "McConnaissance" hit its first obstacle when his new film The Sea of Trees received loud boos and open derision. The story of a man wandering in a Japanese forest where people commit suicide received a slew of onestar reviews. AFP

Curtains fall on Cannes

ON THE FRENCH RIVIERA

Dheepan wins top prize in another year of great films, terrible turkeys

A French thriller spotlighting the plight of traumatized refugees building new lives captured the Palme d'Or top prize at the Cannes Film Festival on Sunday.

As countries around the world grapple with an influx of people fleeing global crises, a jury led by Hollywood filmmakers Joel and Ethan Coen chose the gritty picture Dheepan, about Sri Lankan asylum seekers by acclaimed French director Jacques Audiard, among 19 international contenders.

"To receive a prize from the Coen brothers is something pretty exceptional," Audiard said, clutching the trophy.

"I'm very touched," he said. Audiard, a Cannes favourite, specializes in films about broken people looking for fresh starts, as in critical triumphs such as A Prophet, Rust and Bone and The Beat That My Heart Skipped.

In Dheepan, novelist and former child soldier Antonythasan Jesuthasan plays an ex-Tamil Tiger fighter escaping Sri Lanka's brutal civil war. He and two strangers — a woman and a nine-year-old girl — pretend to be a family to make it to France on fake passports.

Once they arrive in a rough





French migrant drama Dheepan starring Antonythasan Jesuthasan captured the Palme d'Or at this year's Cannes, while Vincent Lindon won best actor and Rooney Mara and Emmanuelle Bercot shared the best actress prize, contributed; getty images

housing estate on the outskirts of Paris, the makeshift family begins to bond and Dheepan must use his battlefield experience to keep the three of them safe from drug gangs waging a turf war.

Antonythasan himself fought for the Tamil Tigers from the age of 16 before making it in 1993 on a fake passport to France, where he was granted political asylum.

Audiard, who spoke to his actors through an interpreter on set, told reporters during the festival that he "couldn't have placed Sri Lanka on a map"

when he started working on the screenplay.

He had rather sought "to approach a love story from a completely different angle" and offer a portrait of his country from the perspective of outsiders looking in.

Other winners

The harrowing Holocaust drama Son of Saul by Hungarian newcomer Laszlo Nemes, offering unflinching depictions of the gas chambers of Auschwitz, claimed the Grand Prize, runner-up for best picture. "This continent is still haunted by this subject," Nemes said.

And The Lobster, a surreal, pitch-black comedy about modern love by Greece's Yorgos Lanthimos and starring Colin Farrell and Rachel Weisz, bagged the third-place Jury Prize.

Best director honours went to Taiwan's Hou Hsiao-Hsien for the visually lush, slow-burn martial arts film The Assassin.

The nine-member panel handed the best-actress trophy to two winners: U.S. star Rooney Mara for the lesbian love story Carol,

which also stars Cate Blanchett; and France's Emmanuelle Bercot, in the doomed romance Mon roi (My King) by fellow actressturned-filmmaker Maiwenn.

In a strong night for the host country, France's Vincent Lindon won best actor for his moving turn as a job-seeker standing up for his dignity in The Measure of a Man.

Mexican director Michel Franco clinched best screenplay for Chronic starring British actor Tim Roth as a nurse caring for dying patients. AFP

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Music | metr#LIFE **20** Monday, May 25, 2015

Swedes are the Heroes of Eurovision

AWARDS

Nation has a long history of pop music supremacy

Hundreds of elated fans welcomed Eurovision Song Contest winner Mans Zelmerlow upon his return Sunday to

Kaizen

Sweden, a mini-superpower in the world of pop music and six-time champion of the glitzy song fest.

Sleep-deprived and smiling, the 28-year-old singer-TV host arrived at Stockholm's Arlanda Airport draped in a Swedish flag and waving the Eurovision trophy.

"I've longed for this moment for 10 years, and now here it is," said Zelmerlow, who won the contest Saturday in Vienna with the thumping club anthem Heroes.

With two victories and two third places in the last five years, Sweden seems to have cracked the code of the competition, where voters across Europe pick the winner among entries representing various musical styles and traditions.

Five other entries in this year's contest had Swedish songwriters or choreographers, including runner-up Russia. In 2011, Azerbaijan won the competition with a song written by Swedes.

"Among Swedes, (Eurovision) is the biggest thing next to the World Cup," Swedish radio host Tara Moshizi told national broadcaster SVT.

The only country with more Eurovision wins is Ireland, with seven.

Part of Sweden's Eurovision success can be traced to its long record of making pop music with a mass appeal worldwide.

which won ABBA -Sweden's first Eurovision title in 1974 - Roxette, Ace of Base, the Cardigans, Robyn and the Swedish House Mafia are just some of the country's chart-topping exports.

In addition, Swedish songwriters and producers have helped shape the sound of international stars like Britney Spears, Backstreet Boys, Katie Perry and Lady

However, winning Eurovision doesn't necessarily lead

to sustained international stardom. Many winners are onehit wonders who fail to break out of the Eurovision bubble - exceptions include ABBA and Celine Dion, the Canadian who competed and won for Switzerland in 1988.

Zelmerlow, who became known to Swedes in TV talent shows a decade ago, resisted making bold predictions about what his euro-victory would mean for his career, though Heroes already is climbing charts around the world.

"You never know what Eurovision can do," he said. "But I hope that it opens some doors.

THE ASSOCIATED PRESS



Mans Zelmerlow made his victorious return to Sweden on Sunday after winning the Eurovision Song Contest for his club





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The real costs of buying a home



BUDGETING

Interest, taxes and insurance can cost much more than rent



I have a young friend whom we will call Meg who is 23, has a great job, and is thinking of buying her first home. She came over for tea to run the plan past me.

She and her boyfriend, Jackson, will move into the home together. They've already saved a down payment of \$25,000. Meg's take-home pay is \$4,000 a month net. Jackson's is \$2,000.

While the bank says they will qualify for up to a \$300,000 mortgage, Meg and Jackson think that's too much debt. They're thinking of buying a \$250,000 home. (No, they're not in a major city, so property values aren't

We ran some numbers and built some scenarios to see what we would see.

First up, CHMC mortgage insurance: If you put less than 20 per cent down on a home, you'll have to buy insurance from CMHC so that if you can't make the payments the bank is off the hook for the loss. The premiums for mortgage insurance are calculated as a percentage of the loan and depend on your down

For Meg and Jackson buying a \$250,000 home, amortized over

25 years with 10 per cent down, their premium would work out to \$5,400. Hey, what's another \$5,400 if that gets them into a new home lickety-split, right?

Well, actually, it won't be \$5,400 if Meg and Jackson do what most people do and just roll that premium into their mortgage. Over the life of the mortgage at just five per cent for the total amortization, that premium will end up costing \$9,421 when you add on the interest. To add insult to injury, if you default, the bank's butt is covered but CMHC will take you to court to recoup any losses they eat in the deal. So much for that premium you paid.

Next up was the "renting is a waste of money" question, which was why Meg and Jackson were so fired up about buying as soon as possible. Friends, family, the world had told them that renting is like flushing money down the toilet. Why would you waste money paying off someone else's

I took Meg to a mortgage calculator website to show her how much of your monthly mortgage payment would go to interest in those early years. We put in the mortgage amount (house price down payment + mortgage insurance) of \$230,400, at five per cent for five years with a 25-year amortization. The payment popped up: \$1,340 a month. She smiled. That was completely manageable and she was thrilled.

But hang on now, said I, how much of that is actually going towards your principal? I pointed to the Term Interest Cost, which was a whopping \$53,922.35. So of the \$80,400 in payments Meg and Jackson would make on their mortgage in the first five years, 67 per cent or \$899 a month would go straight to interest. Add on the cost of property taxes (\$200/mo) and home insurance (\$75/mo) and they're up to \$1,174 a month in money spent that does nothing to pay off their new home. Hey, that looks like rent to me!

We also talked about all the costs associated with home buying that most people don't think about — costs like the appraisal fee, home inspection fee, land transfer fees, water/septic tests (if you're outside a major city), reimbursement of prepaid property taxes, costs to set up new accounts, and legal fees. This can be anywhere from 1.5-4 per cent of the price of the home you're buying. I told Meg she was probably looking at about \$5,000 in closing costs.

In the end, Meg decided she and Jackson would rent for a couple of years, building up their down payment and stashing cash away for their closing costs so they wouldn't end up strapping their cash flow just when they were most likely to need to buy some new stuff.

If you don't own your own home in your 20s, you're not a failure. Home ownership used to be a goal in itself. Now it seems have turned into a stepping stone: buy a fixer-upper now, buy a bigger house in five years, then buy a monster home. People follow "the plan" without giving much thought to the costs.

Home ownership should not be seen as a badge, something you measure yourself and others by. Home ownership is a lifestyle choice. Home ownership is great, if you do it right.

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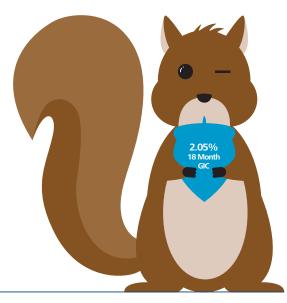
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Culture **metr**LIFE **22** Monday, May 25, 2015

Choose passion over job guarantee: De Niro

Robert De Niro urged new graduates at New York University's Tisch School of the Arts on Friday to keep fighting to create careers in the arts even though it probably would have been easier if they had picked something more practical.

The graduates in accounting? They all have jobs. Where does that leave you? Envious of those accountants? I doubt it. They had a choice. Maybe they were passionate about accounting, but I think it's more likely they used reason and logic and common sense to research a career," the two-time Academy Award winner said.

"But you didn't have that choice, did you? You discovered a talent, developed an ambition and recognized your passion. When you feel that, you can't fight it. Just go with it. When it comes to the arts, passion should always trump common sense."

De Niro, who quit high school to pursue an acting career, was the honoured speaker at the raucous ceremony for 1,200 gradu-



Robert De Niro. MARY ALTAFFER/ THE ASSOCIATED PRESS

ates at The Theater at Madison Square Garden.

The actor's 15-minute speech was peppered with expletives as he warned that many in the audience faced a lifetime of rejection ahead. But he challenged them to keep going.

"Now that you've made your choice - or, rather, succumbed to it - your path is clear. Not easy, but clear. You have to keep working. It's that simple," said De Niro." THE ASSOCIATED PRESS

Give selfie a break, let pro snap vacay

SOCIAL MEDIA

Travel tour hires someone else to shoot #humblebrags for you

Here's an idea for compulsive selfie-takers who can't let a good photo op pass without pulling out the smartphone: a weeklong vacation touring Nicaragua's Pacific coastline accompanied by a personal photographer to capture all the Kodak moments for them.

The intro for the sevenday trip to Nicaragua says it all: "Leave your selfie stick at

(For younger folk, Kodak was the 1990s equivalent of Instagram and Snapchat).

Instead of missing the humpback whale because they were typing a hashtag or uploading a photo, participants with El Camino Travel check their mobile devices at the hotel door and allow someone else to document the most memorable moments of the trip.

The objective? To allow participants to learn — or relearn how to live in the moment and

Earlier this year, a photo of man who missed a whale sighting because he was looking at his mobile phone went viral after being captured on Instagram.

At the end of every day, the photographer will provide each and one in December, includes activities like morning yoga, surfing lessons, an all-day catamaran tour, excursions to local artisanal markets and a visit to a cigar factory.

> chain offered a service that was also aimed at freeing clients from the constraints of social media. But at \$3,000,

the Social Media Wedding Concierge service, which involved hiring a community manager for a couple's wedding, had critics calling the program a step too far in narcissism.

The digital concierge is tasked with live-tweeting the wedding and posting Facebook updates and Instagram photos throughout the nuptials.

The El Camino Travel tours to Nicaragua cost \$1,650 to \$1,850 US for

six days a n d s e v e n nights, not including airfare. AFP

Put down the selfie stick and let someone else do the clicking. ISTOCK

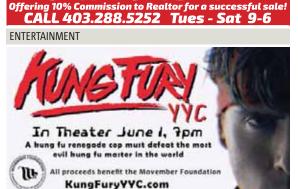


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Deezer, but is as of yet available only to a few lucky beta testers until at least Sept. 15, time for You-Tube to fine-tune its offer.

Premium membership is expected to go for \$9.99/ month. AFP

Music Key CONTRIBUTED

Recovering from workplace errors

ETIQUETTE

Own up to your blunders to keep the trust of colleagues



Even the most diligent doublecheckers inevitably make mistakes at work. Whether it's an easy-to-fix slip or a more complicated bungle, owning up to missteps can be both embarrassing and frightening. But while it's tempting to pretend the flub never happened, the way you handle your mistake will have a significant impact on its consequences — both for your organization and for yourself.

As soon as you notice the gaffe, press pause on how you react. Although it's important to move swiftly, panicked confessions will make your mistake — and you — seem sloppy. Before gushing apologies to every manager, team member and intern within earshot, quickly assess the costs of your fault and make a preliminary plan for its rectification. Don't initiate solo damage control unless you are positive your solution won't further disrupt your company's workflow. Worse than making one mistake: bandaging it with another mistake.

When 'fessing up, own up.



Don't problem-solve alone if your error affects others. ISTOCK

Visit your superior in-person and provide a clear, composed breakdown of what happened. Apologize, once, then focus on mending your wrong. This is not the time to spew a blameshifting story about how Roger in Sales gave you the wrong numbers.

Accepting accountability when things go wrong is just as important as doing things right. It's unavoidable that certain mistakes, especially those that cost money or big chunks of time, can bruise the trust between you and your boss. But providing an honest and thoughtful explanation demonstrates that you still deserve their confidence in you.

Once you've explained what went wrong, tackle why it happened. Is your mess-up a rare

smudge on an otherwise blemish-free track record? Nobody gets through their career without tripping from time to time. But if you're regularly cleaning up your own spills, it might be time to address the cause. Whether it's lack of motivation, carelessness or a need for more guidance, investigating (and addressing) the root of your goofs will help pre-empt further oversights.

When you make a mistake at work, it can feel like a reputation killer. But in reality, few mistakes will be so severe as to drastically change your professional standing. Manage your mistakes proactively and your lapse will be quickly forgotten. What won't be forgotten: your smooth response to an uncomfortable situation.

Masking your true colours could be a moral issue: Study

The drive to be true to ourselves, a concept that encompasses individual values and emotional tendencies, could be so ingrained in Western culture that disguising them makes us feel immoral, according to a new study published in the journal Psychological Science.

Examples include faking enthusiasm for something we have no desire to do or trying to make friends in a group whose values differ from our own — acts that could produce feelings of moral distress in the individual.

Such feelings of impurity leave us in a cloud of guilt that inspires us to cleanse our souls through charitable acts, says the research team that hails



Pretending to be someone you're not can cause feelings of quilt, moral distress. ISTOCK

from three top-ranked Masters of Business Administration (MBA) programs in the U.S.

The researchers even sug-

gest the psychological consequences of acting out an inauthentic version of oneself could be compared with those of behaviours such as lying and cheating.

These acts are each a violation of being true, whether to others - in the cases of lying and cheating - or to oneself, in the case of inauthenticity.

What's more, they could promote the urge for physical cleansing, according to the re-

Data was collected from participants' writings in which they described a time they felt inauthentic, reporting lower moral self-regard and rated themselves as less generous and co-operative. AFP



Put the squeeze on high blood pressure

Research shows isometric handgrip works

High blood pressure affects millions of Canadians, and despite the risk for serious health problems like heart attack and stroke, about one in three don't have their blood pressure under control.

Nineteen out of 20 Canadians will develop it in their lifetime, but getting blood pressure under control can be difficult.

Exercise has long been recommended to reduce blood pressure; today, an emerging area of focus involves something called isometric exercise.

Unlike aerobic exercise, which requires movement, isometric exercise is done when a person contracts their muscles without moving a body part. Research has zeroed in one form, called isometric handgrip therapy, which involves tensing the hand muscles. Isometric handgrip therapy has been shown to be particularly powerful, reducing systolic and diastolic blood pressure by 10 per cent after six to eight weeks in research studies.

"Research shows that isometric handgrip therapy works for many people if it is done right, which means talking to your doctor before beginning and then following a program that sets out the intensity level and frequency," says Dr. Philip Millar, PhD, Assistant Professor at the University of Guelph, who specializes in clinical cardiovascular physiology and has studied isometric handgrip therapy. "Like aerobic exercise, this kind of therapy needs to be guided and

progress monitored because people can easily overdo it, or do it and have no impact at all. Simply squeezing something at an unknown intensity level is not a safe or effective approach."

A new device called the Zona Plus uses innovative technology to help put the benefits of isometric handgrip therapy within reach, Handheld and shaped like a joystick, it has a computerized screen that guides patients with screen prompts through a personalized isometric handgrip therapy routine that takes 12 minutes per day, five days per

Sold with a money-back guarantee, the device's programs are tailored to each individual's unique physiology, and it tracks progress over time.

Jay Dirkx was diagnosed with hypertension seven years ago. Lifestyle changes and medications helped but he still struggled with control.

"I started using the Zona Plus for my handgrip therapy routine a few years ago," said Mr. Dirkx. "Adding this kind of exercise has made such a difference. The device is easy to use and gives me reassurance that I'm making progress; the fact that I can use it any time and anywhere makes it pretty convenient too."

More information about Zona Plus is available at ZonaHealth.ca, or by calling 1-866-789-9662

How practicums can help solve Canada's need for dietitians

Remote areas in Canada in dire need of healthy, affordable food

Danelle Cloutier For Metro

Canada is in high demand for dietitians, especially in rural and remote areas. Healthy, nutritious food is often expensive or hard to find in secluded areas, making the need for dietitians even more vital.

'Canadians need to be able to access the right health-care professional at the right time regardless of where they live," said Kate Comeau, a dietitian

and spokeswoman for Dietitians of Canada, a national organization that supports and advances the industry.

"Dietitians play a diverse role in keeping communities healthy," Comeau said. Dietitians help implement policy and work on building healthier communities.

Many remote communities in Canada are in dire need of healthier and more affordable food. Recent research indicates that food in Nunavut costs from 20 per cent to 287 per cent more than the rest of Canada. Celery is one of the foods that's exponentially more expensive in the area. However, food insecurity

exists all around the country in 2012, 84 per cent of the foodinsecure households in Canada were in Ontario, Quebec, Alberta, and British Columbia, according to Household Food Insecurity in Canada, a report from the



Food insecurity in Canada

- From 2011 to 2012, 1.1 million Canadians experienced food insecurity.
- · Those same years, Nunavut had the highest rate of food insecurity in Canada at 36.7 per cent, more than four times the Canadian average.
- Among the Maritime provinces, Nova Scotia had the highest rates of food insecurity (11.9 per cent) in 2011 to 2012. All statistics from Statistics Canada.

international interdisciplinary research team PROOF.

One of the ways Canada can fill its need for dietitians in remote areas is by offering practi-



Many schools are taking initiatives with placements that serve rural and remote communities.

cums in remote and rural areas.

Many schools across the country are already taking initiative. The dietetics program at the University of British Columbia (UBC) is just one example. Students in the five-year program spend 39 weeks in practicum, with 11 of 34 students each year completing their placements in health authorities that serve rural and remote communities.

"The type of work available

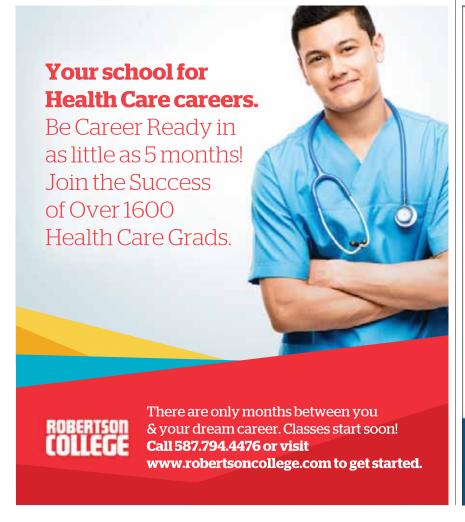
to dietitians in rural and remote areas of B.C. is often diverse and dynamic which can be appealing to those with a sense of adventure," said Kara Vogt, the dietetics education co-ordinator at UBC.

Many graduates from the program end up working for the health authority where they completed their practicum.

Similar internship programs are happening all around the country. The Northern Ontario School of Medicine also offers a dietetic internship in rural communities in Northern Ontario and Acadia University has a similar program in rural Nova Scotia.

No matter which remote or rural community students intern at, you can bet it needs more

'There certainly are job opportunities for dietetics graduates in rural and remote communities, Vogt said.





How brand new technology is changing current health care

GPS shoes, phone-based communication reshaping the landscape

Danelle Cloutier For Metro

GPS shoes that track the whereabouts of the wearer

is just one of many new technologies that is impacting the jobs of health-care professionals.

Trackable shoes could be especially useful to nursing homes, not only to help find lost patients, but because they can relay key information about a home's programs and services.

Dan Levitt, the executive

director of Tabor Village in Abbotsford, B.C., said the footwear could help indicate that seniors without dementia who wander away from assisted living facilities

like Tabor aren't having their needs met.

"Someone that might have been a walker or runner or liked to adventure outside of their house every day, that need never dissipates," he said. "It's up to us to find ways of encouraging seniors to leave their residences.'

He said GPS shoes would come in handy to count the number of times a senior leaves the facility other than to go to a doctor's appointment. If seniors leave often, that could indicate that the care home needs more outings and activities that take residents beyond the walls of the nursing home.

The tracking on GPS shoes is real-time, adding them to the long list of gadgets that allow us to access data instantly. The ability to quickly share content with people across the world has transformed health care across the world. For example, in 2014, during the Ebola outbreak, a mobile phone-based communications system called mHero allowed front-line workers to track the deadly disease.

New innovations like the shoes and communications system are encouraging organizations to create more jobs in the field. In the past year and a half, the Canadian Agency for Drugs and Technologies in Health (CADTH) has hired two new patient engagement officers.

Patient perspective and patient input into how technology is used in health care is vital," said Michelle Mujoomdar, assistant chief scientist at CADTH. "We've seen many new positions created in the field of patient engagement."

In the next 10 years, Levitt thinks there will be more of an emphasis on engaging groups that have been largely left out of technology, such as seniors.

"Having Wi-Fi available in a nursing home or in facilities is a no-brainer," he said. "We've got to allow them to be able to do things like check their own health record." He also suggested letting seniors schedule a bath using Outlook versus having the staff tell them when their bath is.

As the tools and target audience for health technology continue to evolve and change the way practitioners work, Geneviève Moineau, president and CEO of the Association of Faculties of Medicine of Canada, has a few words of caution.

"As health-care providers now, we have a screen in front of us," Moineau said. "As we allow technology to support us, we need to remember that the most important aspect of care is the human aspect."





Seniors are one demographic that can benefit from GPS shoes and





The trend to integrate more technology into the health-care system is encouraging organizations to create more jobs. SHUTTERSTOCK

in Brief

Generals beat Memorial Cup host Remparts in OT

Defenceman Stephen Desrocher whipped a shot under the crossbar at 18:07 of overtime to give the Ontario Hockey league champion Oshawa Generals a 5-4 victory over the host Quebec Remparts on Sunday at the Memorial Cup.

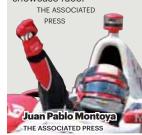
The Generals (2-0), who defeated the Rimouski Oceanic 4-3 on Saturday, are guaranteed to at least reach the semifinals of the four-team event.

THE CANADIAN PRESS

Montoya captures second Indy 500 checkered flag

Juan Pablo Montoya held off Penske Racing teammate Will Power over the final two laps Sunday to win his second Indianapolis 500.

After watching Power jockey for the lead with Chip Ganassi Racing's Scott Dixon for several laps, Montoya went high into Turn 3 to take over second place, then darted right past Power on the front stretch to take the lead. He pulled away from there to win IndyCar's showcase race.



Lightning bolt ahead

NHL PLAYOFFS

Tampa Bay shuts out New York to take 3-2 series lead

Steven Stamkos set up Valtteri Filppula's go-ahead goal and scored another and the Tampa Bay Lightning pushed the New York Rangers to the brink of playoff elimination with a 2-0 victory Sunday night in Game 5 of the Eastern Conference final.

Ben Bishop, who gave up 10 goals in the previous two games, had 26 saves in posting his second shutout and getting Tampa Bay within a victory of reaching the Stanley Cup final for the second time in franchise history. They won the Cup in 2004.

GAME5 In Manhattan



Tampa Bay's special teams played a major role. They killed off four power plays in clinical fashion in the opening 31 minutes of a scoreless game, limiting New York to four shots, and then Stamkos added a powerplay goal after Filppula opened the scoring.



Steven Stamkos of the Lightning celebrates after scoring a goal against Rangers goaltender Henrik Lundqvist during Game 5 of the Eastern Conference final on Sunday night in New York. BRUCE BENNETT/GETTY IMAGES

Game 6 is Tuesday night in Florida.

This isn't the first time the Rangers have been on the edge of seeing their Presidents' Trophy-winning season come to an end. They trailed the Washington Capitals 3-1 in the conference semifinals and rallied. They also overcame a 3-1 deficit last year

against Pittsburgh.

This was a game the Rangers controlled early. The power plays gave them a chance to put Tampa Bay down and they failed to convert.

A little less than two minutes after the Lightning killed off a tripping penalty to Andrej Sustr, the Lightning took the lead.

Defenceman Anton Stralman sent a great bank pass up the side boards to Stamkos. He carried the puck into the Rangers' zone, found Filppula coming down the middle and the centre beat Henrik Lundqvist with a shot to the upper part of the net.

After Marc Staal picked up his second penalty of the game,

the Lightning needed just over a minute to double the lead.

Nikita Kucherov sent the puck from the right circle to Ondrej Palat in the left circle. He quickly sent a cross-ice pass to Stamkos in front and the Lightning captain redirected the puck past a helpless Lundqvist. THE ASSOCIATED PRESS



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RECIPE Seafood Satay



Rose Reisman

Ready in

Prep time: 10 minutes Cook time: 5 minutes

Ingredients

- •1 lb large peeled shrimp or scallops, or a combination
- 1/4 cup light coconut milk 2 Tbsp natural peanut butter
- 2 tsp low-sodium soy sauce
- 2 tsp sesame oil
- · 2 tsp rice vinegar
- 1 tsp honey
- 1 tsp sesame seeds, toasted
- •1 tsp minced garlic
- 1/2 tsp minced fresh ginger
- 1/2 tsp hot Asian chili sauce (or to taste)
- 3 Tbsp chopped fresh cilantro or parsley

Directions

1. Preheat the barbecue or

a non-stick indoor grill to medium-high. If using wooden skewers, soak 4 skewers in water for 20 minutes.

- 2. Thread seafood on skewers.
- 3. Mix remaining ingredients.
- 4. Brush skewers with half the sauce. Spray grill with cooking oil and cook skewers, turning once, for 5 minutes or until the seafood is just cooked though.
- **5.** Serve with remaining sauce on side. Sprinkle with the cilantro and additional sesame seeds.

Nutrition per serving (recipe serves 4)

- Calories 173
- Protein 20 g · Carbohydrates 4.4 g
- Fibre 0.8 g
- Total fat 8.4 g
- · Saturated fat 1.9 g PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

28

42

54

57

60

1. Entrepreneur/ mogul, Sean '_ Combs 6. Pierces 11. School org. 14.403 in ancient Rome 15. Principle 16. Functioned 17. Classic fabric 18. Anoint, archaically 19. Type 20. Time essence 21. Explode: 2 wds. 22. "Kill Bill: _ 1" (2003) 23. Flower shop item 24. Literary contraction 25. Demi Moore movie in which she shaved her head: 2 wds. 27._ International Airport, in Newfoundland 29. Ms. Jackson 30. Austrian composer, Franz (b.1787 - d.1863) 31."Corner 32. Portions, briefly 35. Rid of certain vermin 36. Young sheep 37.Line 38. _ up (Be livelier)

39. Peach's inner

40. "Gigi" (1958)

43. Retro series on

actress Jessica Pare's

star Ms. Caron

Montreal-born

41. Spooky

resume: 2 wds. 44. Joe (Canadian designer who will be on the upcoming season of CBC's "Dragons' Den") 46. Long-snouted fish 47.Eye part

49. Actress Ms.

Green 50. Home of Odysseus 52. Mr. Shankar 53." _ever!" (And how!) 54. Neutral shade 55. Director, Michael 56 Prince Vali-

ant's son 57. Mr. Woods of golf 58. Beach towel site 59 Fleur-de-60. Toboggans 61.Benjamin (Kamloops, BC born actor)

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DOWN

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1. Cato's 654 2. Differer's declaration: 2 wds 3. Drumheller, Alberta: Earth's extinct extractions: 2 wds 4. Name of the wolf-dog on "Due South'

5. Yang's counterpart 6. Less recently-baked 7. Carpentry joint, mortise and 8. Afresh 9. Type of whales 10.Intervene: 2 wds 11. Ride leading to a penthouse suite: 2 wds. 12. Jean-_ (Montreal metro station) 13._-length boots 21. Root _ (A&W specialty) 26. "Damn!" or "Blimey!", Canadianstyle: 2 wds. 28. P.I. 29. Series for Canadian actor David James Elliott 30. Economy stat. 31. Acquire 33. Arthurian Legend lady 34 Date 36. Connect 37. Proof-ending letters 39. Northern (Duck variety) 40. Ms. Spencer of "Good Morning America" 42. Bonnie of song, and surnamesakes 43. Bearers of ceremonial staffs 44. Soldier's honour 45 Off-white 46. Gawked 48. Army assistants

51. Massive

55. Sly __ fox

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Make things easy for yourself and learn from other people's mistakes. You can do your own thing in your own way if you wish but wouldn't it be better to tread in the footsteps of those who have been there?

Taurus April 21 - May 21 You will have to work closely with people you would probably prefer to avoid over the next 24 hours. But don't worry, it won't be too much of an ordeal and come this time tomorrow you'll be saying your good-byes.

Gemini May 22 - June 21 You have a huge sense of optimism and self-belief but it does not mean you will be free of the consequences of your actions. Think before you act over the next 24 hours - it could save you a lot of trouble

Cancer June 22 - July 23 You don't feel under so much pressure and can spend more time with those you love. For too long you have kept your feelings under wraps now it's time to show them off.

Leo July 24 - Aug. 23 You seem to believe that there is no longer any danger, that your critics and rivals have all been dealt with and no longer pose a threat. Maybe you're right, but can you be sure?

Virgo Aug. 24 - Sept. 23 The plans you make over the next few days may have to be revised in the light of new information come next weekend, so don't make them too binding. Remember: there is a world of difference between creative thinking and wishful

Libra Sept. 24 - Oct. 23 You may have strayed a little off course of late but don't worry about it. What happens today will point you in the right direction and make you realize that you are really not that far away from where you should be.

M Scorpio Oct. 24 - Nov. 22 Be careful what you ask for over the next 24 hours because, having got it, you may decide that you don't want it after all. Not only will that be embarrassing but you may have to pay someone to come and take it away!

Sagittarius Nov. 23 - Dec. 21 Focus on the one or two things that really matter and let everything else look after itself. Like all Sags you are easily distracted but you can and you must concentrate on what is important today

Capricorn Dec. 22 - Jan. 20 Whatever you are working on now you must make a good job of it. If you try to get away with less than perfect work you will most likely have to go back and do it all again later.

Aquarius Jan. 21 - Feb. 19 It will pay you to keep a low profile today. Nothing bad is likely to happen if you stick your head above the parapet, but calling attention to vourself could result in extra chores you really don't want to do.

Pisces Feb. 20 - March 20 You may have nothing to hide but that does not give friends and family members the right to probe into your private affairs. Anyone who tries to do so today must be told in no uncertain terms to mind their own business

CONCEPTIS SUDOKU by Dave Green

Every row column and box contains 1-9

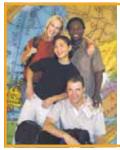
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